BREAKFAST (9AM-NOON)

TITLE

Blueberry Waffles

American style waffles with preserved blueberries, caramelised banana, creamy yogurt, local honey and farm shop granola

Goodness Bowl

Fresh seasonal fruit, oaty overnight chia seeds, farm shop granola, preserved berries and fresh lemon

Farm Shop Oaty Porridge

Our gluten and diary free creamy porridge with local honey, farm shop preserved fruit and toasted seeds

Freshly Baked Danish Pastries

Please ask for todays freshly prepared seasonal pastries

Rarebit Crumpet

Homemade Wessex Mill crumpet, smoked haddock rarebit, freshly chopped chives, vine tomato, smoked salt and parsley oil

B.A.T and Eggs

Cured smoked bacon and smashed avocado on toasted Sødt sourdough with roasted vine tomatoes and a chilli and basil oil

Sky Park Melt

Honey roast ham, Sussex cheddar, Sødt sourdough, poached eggs, vine tomato, pesto

Springs Smoked Salmon

Springs cold smoked salmon with your choice of eggs, Sødt sourdough, fresh dill and butter sauce

Farm Shop Breakfast

Our Venison Butchers Sausages and cured bacon served with farmhouse beans, marinated field mushroom, your choice of eggs, vine tomato, Sødt sourdough and butter sauce

Vegan Breakfast Feast

Vegan Sausages, farm house beans, marinated field mushroom, vine roasted tomatoes, sautéed potatoes and smashed avocado with Sødt sourdough and chilli and basil oil

KEEP IT SIMPLE

Toast and Preserves

Sødt bakery toast, marmite butter, plain butter, farm shop jam and local honey

Eggs and Toast

Your choice of eggs served with Sødt bakery toast, vine tomatoes and butter sauce

Breakfast Sandwich

Choose your fillings and we will make you a delicious sandwich using our local produce and Sødt bakery bread

Add-ons

Smoked salmon Bacon Sausage Field mushrooms Tomato or spinach Extra toast

HOT DRINKS

DIETARY OPTIONS AVAILABLE

Coffee	Small	Regular
Espresso		
Macchiato or double espresso		
Americano		
Cappuccino		
Latte		
Flat white		
Mocha		
Babycino		
Теа		
English breakfast		
Earl Grey		
Peppermint		

Rosehip and Hibiscus

Darjeeling

Decaffeinated

And many more!

HOT CHOCOLATES

FLAVOURED SYRUPS AVAILABLE

Our hot chocolates are made using locally sourced cow's milk and topped with marshmallows and whipped cream

CHILLED DRINKS

Fresh Orange Juice

Fresh Apple Juice

Vitamin Smoothie (Ask for today's special)

South Downs Still Water

South Downs Sparkling

Folkingtons Juices

Dash Water

Organic Zinger Boost Shots

"We source our free range eggs from a farm just 15 minutes away."

Allergies: If you have any allergies or special dietary requirements please speak to a team member. Every care is taken to avoid any cross contamination when processing a specific allergen-free order. We work in a kitchen that processes allergenic ingredients and do not have a specific allergen free zone.

